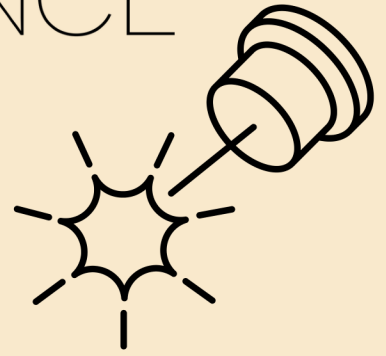


## VEIN: Pre/Post Care



### PRE-TREATMENT



Notify your practitioner of any medications you have used within the last 6 months. Blood thinning medications can hinder the results of vein treatments.

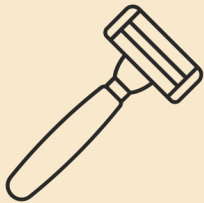


Avoid use of tanning or self-tanners for 1 week prior to treatment



Notify your practitioner if you have a history of cold sores.

### IMMEDIATELY BEFORE TREATMENT



If applicable, shave or trim any hair in the area to be treated. This will help achieve the best possible results.



Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated. Come to your appointment WITHOUT any makeup or products applied to the skin.

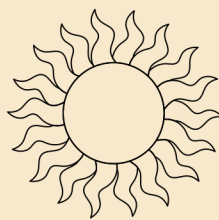


If having leg veins treated, bring a pair of shorts to wear during your session.

### POST TREATMENT



You may return to your normal daily activities immediately after your treatments, but refrain from vigorous exercise for 3 days post-treatment.



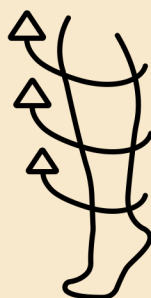
Avoid extended sun exposure or tanning for at least 1-week post treatment. Avoid hot showers, baths, saunas and steam rooms for 48 hours post-treatment.



Keep the treatment site moist by reapplying Aquaphor or Vaseline healing ointment multiple times per day for a week after treatment. Should any scabbing occur, do not pick or scratch at the treated skin.



Veins may convert to what looks like a cat-scratch from 24 hours up to 2 weeks post-treatment. This is a normal occurrence. Veins may disappear and re-appear for a period of up to 3 months post-treatment.



If having legs treated, make sure you have compression socks to wear for 48 hours post-treatment, and daily for up to 2 weeks post-treatment. This helps keep veins closed.



To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.