

# DAY 1

## MORNING : VI PEEL PRECISION PLUS Treatment Day

### STEP 1

Leave the VI Peel Precision Plus solution on for 4 hours. You may then cleanse the skin. Avoid hot water. Gently pat skin dry.

### STEP 2

Apply 1st VI Peel Post Peel Towelette to all areas where the peel was applied. Use gentle pressure. Discard the towelette and wash hands.

### STEP 3

Wait 10 minutes, then apply a thin layer of VI Derm Post-Treatment Repair Cream. You may apply makeup as normal if desired.

### 4 Hours Post Treatment\*

## NIGHT : VI PEEL PRECISION PLUS 1 Hour Before Bed ( Same Day as Peel application)

### STEP 1

Cleanse your skin with VI Derm Gentle Cleanser. Avoid hot water. Gently pat skin dry.

### STEP 2

Apply 1st VI Peel Precision Plus Post Peel Towelette to all areas where VI Peel was applied. Do not wash off. Discard towelette and wash hands.

### STEP 3

Wait 30 minutes then apply the 2nd VI Peel Post Peel Towelette. Do not wash off. Wait 10 minutes, then apply thin layer of VI Derm Post-Treatment Repair Cream. Sweet Dreams!

\*Do not apply anything to your skin for 4 hours post VI Peel (Including the VI Derm SPF 50+ Sunscreen Broad Spectrum)

# DAY 2

## MORNING : VI PEEL PRECISION PLUS

### STEP 1

Good Morning! Cleanse your skin with VI Derm Gentle Cleanser. Avoid hot water. Gently pat skin dry.

### STEP 2

Apply a thin layer of the VI Derm Post-Treatment Repair Cream. Reapply as often as needed.

### STEP 3

Apply VI Derm SPF 50+ Sunscreen. This is very important even if it's not sunny outside. Have a wonderful day.

## NIGHT : VI PEEL PRECISION PLUS 1 Hour Before Bed

### STEP 1

Cleanse your skin with VI Derm Gentle Cleanser. Avoid hot water. Gently pat skin dry.

### STEP 2

Apply 2nd VI Peel Precision Plus Post Peel Towelette. Do not wash off.

### STEP 3

Wait 30 minutes then apply the 3rd VI Peel Post Peel Towelette. Use gentle pressure and do not wash off. Wait 10 minutes, then apply thin layer of VI Derm Post-Treatment Repair Cream. Sleep tight!

# DAY 3

## MORNING : VI PEEL PRECISION PLUS

### STEP 1

Good Morning! Cleanse your skin with VI Derm Gentle Cleanser. Avoid hot water. Gently pat skin dry.

### STEP 2

Apply a thin layer of the VI Derm Post-Treatment Repair Cream. Reapply as often as needed.

### STEP 3

Apply VI Derm SPF 50+ Sunscreen. You may reapply throughout the day.

## NIGHT : VI PEEL PRECISION PLUS 1 Hour Before Bed

### STEP 1

Cleanse your skin with VI Derm Gentle Cleanser. Avoid hot water. Gently pat skin dry.

### STEP 2

Apply VI Derm Post-Treatment Repair Cream as needed.

### STEP 3

After day 7, it is recommended to use VI Derm Beauty or your normal skincare products as tolerated by your skin.

\*Avoid exfoliating, rubbing, pulling, and peeling skin. Do not pick off peeling skin. This can cause irritation, scarring, and pigmentation.



To learn more and to book a consultation please visit [luminescence-aesthetics.com](http://luminescence-aesthetics.com)

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