



## PSORIASIS: Pre/Post Care

### PRE-TREATMENT

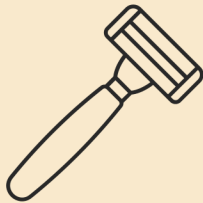


Notify your practitioner of any medications you have used within the last 6 months.



Notify your practitioner if you have a history of cold sores.

### IMMEDIATELY BEFORE TREATMENT



If applicable, shave or trim any hair in the area to be treated. This will help achieve the best possible results.

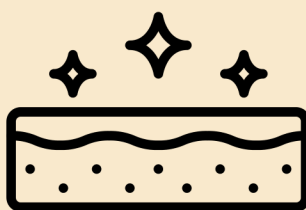


Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated. Come to your appointment **WITHOUT** any makeup or products applied to the skin.

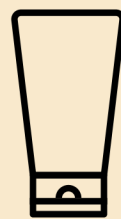
### POST TREATMENT



You may return to your normal daily activities immediately after your treatments, but refrain from vigorous exercise for 3 days post-treatment.



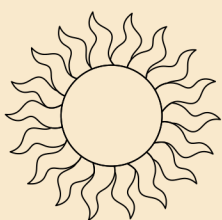
Immediately after treatment there may be some brief redness in or around the treated area, which should resolve within a few days.



Keep the treatment site moist by reapplying an inert moisturizer such as Aquaphor multiple times per day for a week after treatment. Should any scabbing occur, do not pick or scratch at the treated skin.

It may take up to 6 weeks for the affected areas of skin return to a more normal thickness, but the redness may take up to several months to improve.

Typically, maintenance sessions will need to be scheduled for continued improvement if flare ups occur.



Avoid extended sun exposure or tanning for at least 1-week post treatment.



To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.