

## Neurotoxin Post-Treatment Instructions



Do NOT have a facial, nor rub or massage the treated area for 2 weeks after your injections



Do NOT lie down or do strenuous exercise for three hours after treatment. Also, avoid any exposure to a sauna, hot tub, tanning or exercise for 24 hours after injections.



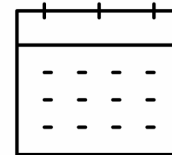
Be assured that tiny bumps or marks will go away within a few hours after your treatment. Avoid NSAID's including ibuprofen and alcohol to prevent bruising. Bruising, if any, is minimal and can be covered with makeup.



Please be aware that some, though very few patients, experience a mild headache. You may take Tylenol to help with this for pain relief.



After your 'tox (Xeomin, Dysport, Daxxify) is placed into the targeted muscles, the weakening effect gradually begins anywhere from 3-7 days and is not complete for two weeks. Therefore, optimal results are not seen for at least two weeks.



Botox will last approximately 2-3 months at first. However, if you maintain your treatment appointments with the frequency recommended, the duration of each treatment result may last longer than four months.