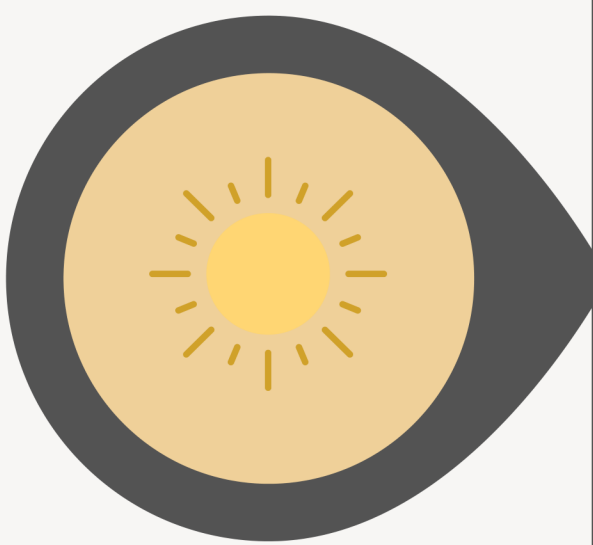


# MICRONEEDLING

## Pre-Care

*Follow these instructions before your microneedling session at Luminescence Aesthetics*



### 1. Sun Exposure

Avoid excessive sun exposure/burns 48 hours prior to procedure



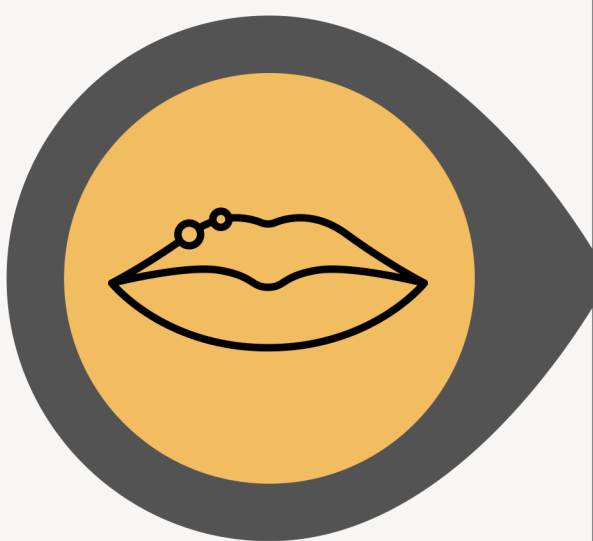
### 2. Medication

Avoid use of blood thinning medications 24 hours prior to your treatment. Wait six months following oral isotretinoin use (Accutaine)



### 3. Products

Please discontinue products containing any exfoliating agents (retinol/tretinoin, benzoyl peroxide, glycolic/salicylic acids, astringents) 24 hours before treatment.



### 4. Cold Sores

If you have a history of cold sores, we highly recommend a course of anti-viral medication pre and post treatment to prevent an outbreak. Cold sores can also break out on people who are not prone to them, but who have sensitive skin.

716.800.1916

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