

## HAIR REMOVAL: Pre/Post Care

### PRE-TREATMENT



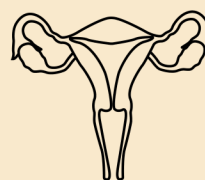
Discontinue waxing, tweezing or plucking 3 weeks prior to treatment.

DO NOT SHAVE for 3-4 days before INITIAL treatment.

A small 2-3 mm stubble of hair **MUST** be present for each treatment for the treatment to be effective.



If you are treating hair on your face, notify your practitioner if you have a history of cold sores.



Notify your practitioner if you have any hormonal conditions, as these conditions tend to cause aggressive hair regrowth even after laser hair removal treatment.



Notify your practitioner of any medications you have used within the last 6 months, such as Accutane or if you are on any hair growth supplements.

### IMMEDIATELY BEFORE TREATMENT



Remove any deodorant, make-up and/or lotions and make sure that the skin is dry in the area to be treated.



It is best practice to shave 3-4 days prior to appointment.

A small 2-3 mm stubble of hair (about 5-7 days) **MUST** be present for each treatment for the treatment to be effective



You may return to your normal daily activities immediately after your treatment.

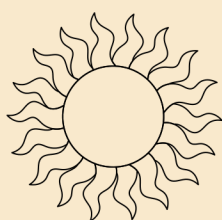
### POST TREATMENT



Continue a regimen of shaving through your course of treatments. For the second through sixth session do not shave any sooner than 5-7 days before the appointment, to ensure any remaining follicles are present at treatment.



Use of a broad spectrum UVA/UVB minimum of SPF 30 is very important after receiving any laser treatment. Remember to reapply throughout the day.



Avoid extended sun exposure or tanning for at least 1-week post treatment.



To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.