

## SKIN REJUVENATION Pre/Post Care



## **PRE-TREATMENT**



Notify your practitioner of any medications you have used within the last 6 months.



Notify your practitioner if you have a history of perioral herpes.

## **IMMEDIATELY BEFORE TREATMENT**



If applicable, shave or trim any hair in the area to be treated. This will help achieve the best possible results.



Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

## **POST TREATMENT**



You may return to your normal daily activities immediately after your treatment.



Use of a broad spectrum
UVA/UVB minimum of SPF 30 is
very important after receiving any
laser treatment. Remember to
reapply throughout the day.



Avoid extended sun exposure or tanning for at least 1-week post treatment.



Any redness that occurs, if any, should disappear within a few hours after the treatment and if you would like, apply an ice pack.



To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.