

PFB
Pre/Post Care

PRE-TREATMENT



Discontinue waxing, tweezing or plucking 3 weeks prior to treatment. Shaving is required 2 days before treatment.

A small 2-3 mm stubble of hair **MUST** be present for the treatment to be effective.



It is best to shave or clip hairs 2-3 days prior to treatment and have stubble of 2-3 mm. This helps the laser operator see the treatment areas and allows a more effective treatment.



Notify your practitioner if you have a history of perioral herpes.



Notify your practitioner of any medications you have used within the last 6 months.

IMMEDIATELY BEFORE TREATMENT



Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

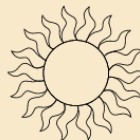
POST TREATMENT



You may return to your normal daily activities immediately after your treatment.



Use of a broad spectrum UVA/UVB minimum of SPF 30 is very important after receiving any laser treatment. Remember to reapply throughout the day.



Avoid extended sun exposure or tanning for at least 1-week post treatment.



Continue a regiment of shaving through your course of treatments, 2 days before each treatment session, to ensure any remaining follicles are present at treatment.



To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.