

## **ACNE THERAPY: Pre/Post Care**

## **PRE-TREATMENT**



Notify your practitioner of any medications you have used within the last 6 months.



Notify your practitioner if you have a history of perioral herpes.



Discontinue use of medications containing AHA's, retinoids, exfoliants, 1 week prior to treatment.

## **IMMEDIATELY BEFORE TREATMENT**

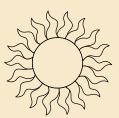


Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

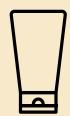
## POST TREATMENT



You may return to your normal daily activities immediately after your treatments, but refrain from vigorous exercise for 3 days post-treatment.



Avoid extended sun exposure or tanning for at least 1-week post treatment.



Keep the treatment site moist by reapplying an inert moisturizer multiple times per day for a week after treatment. Should any scabbing occur, do not pick or scratch at the treated skin.



Use of a broad spectrum
UVA/UVB minimum of SPF 30
is very important after
receiving any laser treatment.
Remember to reapply
throughout the day.



Discontinue any chemical peels or exfoliating agents as the skin may become more sensitive after the treatment.



To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.