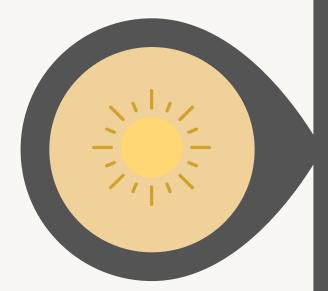


Follow these instructions before your microneedling session at Luminescence Aesthetics



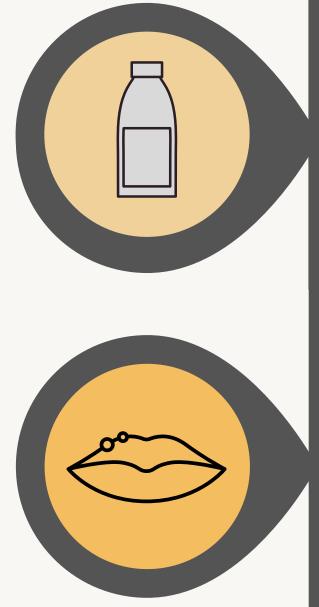


## **1. Sun Exposure**

Avoid excessive sun exposure/burns 24 hours prior to procedure.

## 2. Medication

Wait six months following oral isotretinoin use.



## **3. Products**

Please discontinue products containing any exfoliating agents (retinol/tretinoin, benzoyl peroxide, glycolic/salicylic acids, astringents) 24 hours before treatment.

## 4. Cold Sores

If you have a history of cold sores, we highly recommend a course of anti-viral medication pre and post treatment to prevent an outbreak. Cold sores can also break out on people who are not prone to them, but who have sensitive skin.

716.800.1916 WWW.LUMINESCENCE-AESTHETICS.COM